



Redcastle Family School

PE and Sports Premium

2020-2021

The allocation for Redcastle Family School for the academic year 2020 – 2021 is £17.850.

How we have spent our Sports Premium funding to date:

- At Redcastle Family School development of sport and physical activity is a key vision and aim for all students and we aim to encourage collaboration and partnership working to make the best use of our resources.
- We have enhanced and consistently keep our PE and sport provision to an outstanding level, in order to raise participation and achievement for all pupils.
- We have undertaken a detailed PE and School Sport audit and developed our Sports Premium plan to raise high standards and to equip a large percentage in participation in PE throughout the school.
- Our rationale for the use of Sports Premium funding, which the Governors have agreed, are that it must be used so that:
 - all children benefit regardless of sporting ability
 - all children are given the opportunity to compete in tournaments with other schools, (opportunities for becoming a member of a sport team at Redcastle to compete comes through our after school clubs and PE lessons).
 - Every child has the opportunity to join extracurricular activities/sports after school (EYFS to Year 6).
 - All children have 2-3 hour lessons of Physical activity. Physical activity also is available within lunch times with MSA's and the PE lead hosting tournaments, such as; rounders or cricket matches.
 - Extra fitness motivator (The Golden Mile) for children to achieve goals and develop new fitness levels.
 - staff have access to training opportunities and continued professional development
 - PE premium will fund PE and sport school trips that offer all children the opportunity to gain sporting memories and highlights in childhood (for example; a Wembley stadium visit).
 - some activities may be subsidised so that pupils do not miss out due to financial constraints.
 - we make use of collaborative and partnership working with the above rationale in mind, and following the guidelines for how to spend this money, our spending history has been:



| Academic Year: 2020/2021 | | Total fund allocated: £ 17,818 | | Date Updated: 30/03/21 | |
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| Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school | | | | Percentage of total allocation: 56.2% | |
| School focus with clarity on intended impact on pupils: | Actions to achieve: | Funding allocated: | Evidence and impact: | Sustainability and suggested next steps: | |
| Develop a consistency of opportunities that delivers a high level of pupil participation in sports/fitness activities offered throughout the school day. | PE lessons The Daily Mile Breakfast club Lunch League After School Clubs Swimming lessons | Equipment (£153) Swimming lessons (£1378) After school club (£0) Breakfast club (£3,744) Grounds maintenance (£4762.95) | Engagement of children (This started on the wider school opening). Physical Education data for all children in every unit within the academic year. Each unit is planned to target all knowledge and skills to be learnt, developed and mastered. Certificates and awards for achievements surrounding PE and sport (PE lessons, Daily Mile, Lunch league, After school clubs and more). This year, Lessons have delivered a variety of opportunities for children to learn all basic knowledge and skills for their Key stage and direct them towards the next part of development in Physical Education when progressing in school. | All years at Redcastle complete 2 hours and 30 minutes of Physical Education per week, delivered by the PE Teacher. Every class participates in The Golden Mile - 15 minutes per day. PE is delivered by a highly-skilled PE Instructor to ensure that the children receive the required amount of Physical Education each week. The Daily Mile is organised in-house and is monitored by the PE team. Our next steps will be to develop and master those skills the children have learnt in 2019-2020 and further increase the range of sports | |



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| | | | | that the children will experience at Redcastle. |
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| Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement. | | | | Percentage of total allocation: 0% |
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| School focus with clarity on intended impact on pupils: | Actions to achieve: | Funding allocated: | Evidence and impact: | Sustainability and suggested next steps: |
| The implementation of The Daily Mile. | Every child participates in The Daily Mile. Every child to track their progress and monitor improvements. | £0 (Track used on each playground) | Started after wider-school re-opening in March. Children record their progress daily. | Children will target their record score and fitness levels throughout the weeks of the daily mile. The daily mile will go towards a celebration event that will link with the achievement of running a marathon over a term in the school year. 4 marathons can be completed in an academic year. |
| Broader Physical Education curriculum being delivered | Offer a wider range of sporting activities to all of the children. | £0 | 11 Units taught in the academic year 2020-2021. All 7 Key stage 1 & 2 targets being met and developed in all lessons that have been provided weekly for each year. Physical Education Data to prove the development process throughout key stages. | All units to be carried out and assessed by PE lead. Data to be carried on through 21-22 and correlate from the past year. Assess pros and cons throughout 20-21 and see how PE at Redcastle can develop throughout units, lessons and opportunities when building the 21-22 curriculum map. |



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| Weekly Awards in assemblies | Key Stage 1 and 2 child selected for their attitude and performance | £0 | The children’s mindset towards PE has dramatically changed and the children are eager to win the awards each week. | Continue a weekly celebration of sport achievement at Redcastle. PE and Sport will be coincidentally celebrated at Redcastle for all children to get the most out of the subject, and reach a broader range of interest and love for sport in and out of school. |
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| Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport. | | | Percentage of total allocation: 5.2 % | |
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| School focus with clarity on intended impact on pupils: | Actions to achieve: | Funding allocated: | Evidence and impact: | Sustainability and suggested next steps: |
| Forest School Level 3 Qualification for PE Lead. | Physical Education teacher achieving Level 3 qualification in forest school and outdoor provision | (£940) | Children in Year 2 have had 13 weeks of forest school (September to December) learning and development knowledge and skills in an outside environment. Children in all years have 1 hour every 2 weeks in an outside environment (forest area) to learn outdoor skills in the summer term (14 weeks). Children at Redcastle have had the opportunity to learn and equip certain types of skills within an outdoor woodland environment. The | PE lead achieving Level 3 qualification in Forest school. Years and groups of children allocated a timetable for forest school learning throughout the academic year giving each child the opportunity to learn basic social and learning qualities inside an outdoor environment. Build on top of our woodland area a sustainability learning area that gives children the knowledge and skills of how |



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| | | | woodland area at Redcastle has also been in use for other curriculum subjects, such as; English, Maths and Science. | to use certain resources to introduce Redcastle Family School as a part of earth's sustainable programme of improving the livelihood of our planet. |
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| Key indicator 4: Broader experience of a range of sports and activities offered to all pupils. | | | Percentage of total allocation: 18.8% | |
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| School focus with clarity on intended impact on pupils: | Actions to achieve: | Funding allocated: | Evidence and impact: | Sustainability and suggested next steps: |
| Equipment | The equipment will let us carry out our curriculum and give each child the outstanding PE provision that they deserve. Equipment will be used in the correct way and give the instructor the right tools to deliver an outstanding curriculum throughout the academic year. | £153 | The money spent purchased football equipment that gave us the opportunity to teach outstanding provision in our autumn unit; Invasion games. Outstanding provision was given to the children, which developed and mastered a very high level of knowledge and skills around the sport of Football and key skills of striking, kicking, agility, balance and coordination. | Equipment shall be monitored regularly to check conditions and an annual health and safety check from SportSafe will check all equipment and areas throughout the school grounds. New units at Redcastle may require us to use our PE Premium to fund new equipment. However, we do have a high range of quality equipment at our disposal. |
| Orienteering & Outdoor adventure Invasion Games Gymnastics & Dance Cross Country & Human body Fitness Striking & Fielding | All children learn and develop basic skills in each unit of the curriculum. Each unit will target and deliver basic individual skills, such as; balance and agility. But also they will deliver | £3203 | The selection of the units at Redcastle throughout the academic year of 20/21 has given all children the room to learn basic knowledge and skills. We deliver each unit over a 4-6 week period | The next step for Redcastle is to develop all the range of knowledge and skills that have been taught in each unit and master them to a higher ability. |



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| <p>Athletics Swimming and water safety</p> | <p>basic teamwork skills, such as; attacking, defending, leadership and communication. Each unit within PE and Sport throughout the 20/21 curriculum will leave a lesson for the PE team to assess the children's individual knowledge and skill in the sport.</p> | | <p>giving the children the room to develop, master and compete in those sports. Each skill is assessed and each child is given feedback on how we can develop it further. At Redcastle we believe that the selection of units in our curriculum is broad, rewarding, giving children the right opportunities to fall in love with sport and learn in the best possible way.</p> | <p>We want the children to exceed in PE and sport, so lessons and units will develop over time and give the children the correct provision for them to develop to the right standard for their key stage. Each child at Redcastle will have the opportunity to learn at their own pace with each lesson giving a range of levels, so the children can be challenged by the instructor, but challenge themselves.</p> |
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| <p>Meeting national curriculum requirements for swimming and water safety</p> | <p>Total in percentage</p> |
| <p>What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?</p> | <p>68% (17 out of 25)</p> |

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| <p>Key indicator 5: Increased participation in competitive sport.</p> | | | | <p>Percentage of total allocation: 1.1%</p> |
| <p>School focus with clarity on intended impact on pupils:</p> | <p>Actions to achieve:</p> | <p>Funding allocated:</p> | <p>Evidence and impact:</p> | <p>Sustainability and suggested next steps:</p> |
| <p>Aspire Norfolk school games Breckland school sport partnership</p> | <p>All children to have the opportunity to compete in a range of sports against other schools and academies in the thetford</p> | <p>(£200)</p> | <p>With the pandemic through this academic year, we have not been able to attend or host any outside competitions. External</p> | <p>Hopefully, in our next academic year we can put the pandemic behind us and give our children at Redcastle the opportunities</p> |



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| | and Norfolk area. These competitions can be held at Redcastle, other schools or external providers | | providers also haven't been able to host any competitions due to restrictions in the U.K. However, at Redcastle we have been hosting weekly challenges and tournaments through PE, lunch times and in after school clubs. | that we missed out on in 20-21. We have great providers giving us a range of competitions and we at Redcastle are forming a Thetford Town league to give a wider range of sports for children to compete in. More provision will increase achievement, and that's what we want to celebrate. |
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| Key achievements to date: | Areas for further improvement and baseline evidence of need: |
| <p>Delivering an outstanding curriculum in Physical Education and giving the correct standard of provision throughout 2020-2021 academic year. Celebrating success and achievement inside and outside school in PE and sport.</p> <p>Construction work to our KS1 and KS2 playgrounds giving the children more ways to exercise and achieve a healthy living.</p> <p>We have implemented a daily mile in every school day.</p> <p>KS2 children attending swimming lessons in the summer term.</p> <p>Creating a Thetford Town Sports League with schools and academies in the community.</p> <p>Children’s passion and enthusiasm for PE and sport has grown throughout the year.</p> <p>To be able to deliver a wide range of extracurricular activities after school for all years.</p> <p>We delivered as a school an outstanding level of remote learning throughout the pandemic, with children completing a range of PE lessons at home. We were able to stick to our curriculum road map at Redcastle and still deliver a great standard of physical education.</p> | <p>Evaluate and assess our 20/21 PE curriculum and use the data to build a stronger academic year for 21/22.</p> <p>Always find new opportunities for children and keep the learning environment inviting.</p> <p>Attend a range of outside competitions from external providers.</p> <p>For all KS2 children to attend 6 Swimming lessons per year.</p> <p>Improve the relationship between the sporting community with our Thetford town League.</p> <p>To achieve a Gold Sports Games Mark Award.</p> <p>To offer a wider range of after school clubs</p> <p>Breakfast club ran by the PE team that will teach the children about healthy living and sustainability for the planet.</p> |